

2023-24 D97 Breakfast Menu

Brooks, Irving, Julian, Longfellow, Lincoln

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK A	Whole Grain Cereal Breakfast Kit Fresh Fruit Milk	Whole Grain Muffin <small>E,M,S,W</small> Fresh Fruit Milk	Turkey Sausage w/American Cheese on WG English Muffin <small>M, W, S</small> Fresh Fruit Milk	Mini Cinnamon Cream Cheese Bagel <small>M, W</small> Fresh Fruit Milk	Whole Grain Maple Waffle <small>E,M,S,W</small> Fresh Fruit Milk
WEEK B	Whole Grain Cereal Breakfast Kit Fresh Fruit Milk	Mini Strawberry Cream Cheese Bagel <small>M, W</small> Fresh Fruit Milk	Whole Grain Cinnamon Waffle <small>E,M,S,W</small> Fresh Fruit Milk	Whole Grain Muffin <small>E,M,S,W</small> Fresh Fruit Milk	Pull-Apart Cinnamon Rolls <small>M, W</small> Fresh Fruit Milk
WEEK C	Whole Grain Cereal Breakfast Kit Fresh Fruit Milk	Whole Grain Muffin <small>E,M,S,W</small> Fresh Fruit Milk	Whole Grain Maple Waffle <small>E,M,S,W</small> Fresh Fruit Milk	Mini Cinnamon Cream Cheese Bagel <small>M, W</small> Fresh Fruit Milk	Turkey Sausage w/American Cheese on WG English Muffin <small>M, W, S</small> Fresh Fruit Milk

Menu is subject to change

H=Legal School Holiday • TI=Teacher Institutes • X=Not in Attendance • This institution is an equal opportunity employer.

AUGUST					SEPTEMBER					OCTOBER					NOVEMBER					DECEMBER					JANUARY					FEBRUARY					MARCH					APRI					MAY/JUNE										
M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F	M	T	W	T	F						
1	2	3	4	5					1	2	3	4	5	6			1	2	3					1	X	X	X	X	TI				1	2					1	1	2	3	4	5									1	2	3
8	9	10	11	12	H	5	6	7	8	H	10	11	12	13	6	7	8	9	TI	4	5	6	7	8	8	9	10	11	12	5	6	7	PT	PT	4	5	6	7	8	8	9	10	11	12	6	7	8	9	10	13	14	15	16	17	
15	16	17	18	19	11	12	13	14	15	16	17	18	19	20	13	14	15	16	17	11	12	13	14	15	H	16	17	18	19	12	13	14	15	16	11	12	13	14	15	15	16	17	18	19	13	14	15	16	17						
TI	TI	(23	24	25	18	19	20	21	22	23	24	25	PT	PT	20	21	X	H	X	18	19	20	21	X	22	23	24	25	26	H	20	21	22	23	18	TI	20	21	22	22	23	24	25	26	20	21	22	23	24						
28	29	30	31	X	26	27	28	29	30	31				27	28	29	30	X	X	X	X	X	29	30	31	26	27	28	29	X	X	X	X	X	29	30				H	28	29	30	31											

Allergen Guide

E: Eggs | M: Milk | S: Soy | SO: Soybean Oil | W: Wheat

*ALLERGEN WARNING: This menu is for reference only, and the food products delivered to schools are subject to change without notice. Accurate and up-to-date ingredient information regarding ingredients is available on the product label. FAILURE TO DO SO MAY RESULT IN INADVERTENT EXPOSURE TO FOOD ALLERGENS.

OPRF High School is not a nut-free facility.

For more information about District 97 Meal Program, please

contact: Ms. Carla Ellis,

Food Service Coordinator - cellis@op97.org

Or visit: <http://www.op97.org/business-office/food-service>

