



# second step Problem-Solving Steps Flowchart for Families

## WHAT?

- Your child is learning the *Second Step* Problem-Solving Steps at school.
- Use the flowchart to help you solve problems using the Problem-Solving Steps at home.

## WHY?

- This flowchart gives you simple steps to help you and your family members solve problems.
- Using a structured process to work through a problem can help stop the problem from getting bigger.

## WHO?

- You can use this flowchart to help anyone in your family solve a problem.
- It can help solve a problem between siblings or between adults and children.

## WHEN?

- Use this flowchart anytime your family needs to work through a problem together.

secondSTEP  Problem-Solving Steps Flowchart for Families

**Say the Problem:** Write a problem statement using non-blaming words.

**Think of Solutions:** Think of three solutions that are safe and respectful.

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**Explore the Consequences:** Think of one positive and one negative consequence for each solution

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**Pick the Best Solution**