



Name: \_\_\_\_\_

We all have problems sometimes—even adults! But now you have some simple steps to follow to help you and your family members solve problems. With an adult family member, think of a common problem you have at home. Work through each of the Problem-Solving Steps together. Then try your solution!

Say the Problem Without Blame:

Think of Solutions:  
Solution 1

Think of Solutions:  
Solution 2

Think of Solutions:  
Solution 3

Explore Consequences:  
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Explore Consequences:  
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Explore Consequences:  
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Pick the Best Solution:

This homework assignment was completed on \_\_\_\_\_ | \_\_\_\_\_  
(DATE) (ADULT SIGNATURE)